



Improving primary care service delivery for those impacted by violence Participant Information Sheet

3 May 2021

Tēnā koe,

We invite you to take part in a study to improve primary care service delivery for those impacted by violence. We understand the current workforce challenges faced by primary care professionals and appreciate your consideration of participating in this research. Whether or not you take part is your choice. You are free to decline to participate, or to pull out of the study at any time, without experiencing any disadvantage.

This Information Sheet will help you decide if you'd like to take part. It sets out why we are doing the study, what your organisation's participation would involve, what the benefits and risks might be, and what would happen after the study ends. We will go through this information with you and answer any questions you may have. Before you decide you may want to talk about the study with staff in your organisation.

Please note: We aim to work with a diverse range of participants representing different health care roles, communities and practice settings. The final selection of study participants will be made in May and June 2021. You may wish to provide your contact details to be part of other opportunities the project may generate, such as the development of a primary care network.

To promote workplace support for you, we also invite your primary health care organisation to participate in this study. Please refer to the *Participant Information Sheet – Primary Health Care Organisation* and discuss participation with your employer and primary care team.

This document is four pages long, including the Consent Form. Please make sure you have read and understood all the pages.

Our research team includes:

Māori Health Rōpū

Ngareta Timutimu, Ngāi Te Rangī, Ngāti Ranginui
Reon Tuanau, Ngāi Te Rangī
Dr Anna Rolleston, Ngāi Te Rangī, The Centre for Health
Hazel Hape, Ngāti Pukenga, Ngāi Te Rangī, Tauranga
Women's Refuge

General Population Rōpū

Professor Jane Koziol-McLain, AUT University
Dr Claire Gear, AUT University
Dr Elizabeth Eppel, Victoria University of Wellington
Professor Kelsey Hegarty, University of Melbourne
Dr Clare Healy, Family and Sexual Violence Specialist
Dr Claire Isham, Ngāti Kahu Hauora, Western BOP PHO

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What is the purpose of this research?

Intimate partner violence is a key determinant of ill-health poorly recognised at policy and practice levels within the New Zealand health system. Primary care is consistently identified in health strategies and policy as a priority setting where disproportionate numbers of people impacted by violence present. Yet the sector continues to be underutilised in the work to reduce violence within families or whānau and address the negative health impacts.

This study offers the opportunity for approximately 16 Bay of Plenty primary care professionals to lead the development of a response to intimate partner violence. Should you agree to participate, our research team will work alongside you in a series of deliberative dialogue workshops designed to make it easier for primary care professionals to respond to

intimate partner violence. Together, we will identify and strengthen multiple and alternative pathways for improved responsiveness across different scenarios and settings.

At the end of this study we will have generated a Bay of Plenty regional prototype - with accompanying resources - for responding to intimate partner violence in primary care. Using innovative research methods, we will capture how the response is developed and capitalise on primary care network relationships to drive improved responsiveness across primary care settings regionally and nationally. The data from this study will be used in a subsequent research study that aims to translate the findings into practice nationally.

How was I identified and why am I being invited to participate in this research?

You have been recognised as a primary care professional with valuable knowledge about the enablers and barriers of responding to intimate partner violence in general practice and/or hauora settings. If you agree to participate, you will join 15 other diverse primary care professionals who are associated with a general practice (e.g. GP, nurse, social worker) or Primary Health Organisation from across eastern and western Bay of Plenty. This team will form two caucuses, responsive to either Māori or general population health care.

How do I agree to participate in this research?

You have until *TBC* to decide whether you will participate in this study. To participate, you must have the endorsement of your organisation (see *Participant Information Sheet – Primary Health Care Organisation*). Organisational endorsement seeks to support you in influencing your peers in addressing intimate partner violence. It also provides you with *mana tangata* (prestige) in working to address a health issue of national significance. If you agree to take part in this study, you will be asked to sign the Consent Form on the last page of this document. Please keep this Information Sheet and a copy of the Consent Form for your future reference.

What will happen in this research?

If you agree to participate in this study you will be asked to participate in four activities: (1) attending deliberative dialogue workshops, (2) influencing change, (3) completing pre- and post- workshop surveys and (4) engaging in knowledge transfer activities. Each activity is outlined below.

- (1) *Deliberative dialogue workshops*. You will be invited to participate in up to seven deliberative dialogue workshops over an 18-month study period. Deliberative dialogue workshops are facilitated discussions that bring research and practice together to help participants make decisions about complex issues. In these workshops, you will identify and strengthen system pathways and supporting resources to make it easier for primary care professionals to be responsive to families or whānau impacted by violence. For example, you may promote the use of peer support when dealing with the uncertainty generated by a concern about a patient.

The deliberative dialogue process will help you to critically reflect on *what* information is required for responsiveness to intimate partner violence in primary care and *how* it may be integrated into practice. You will be provided information and resources needed to make decisions during workshops, such as a summary of research evidence. There will be dedicated times for the team to breakout and discuss issues specific to Māori or general population health, supported by Māori or Tauīwi research team members who will facilitate discussion and capture decisions and outputs.

The aim and design of each workshop will be decided by the participant team and will evolve to meet emerging needs. Workshops will be held in shared spaces across the Bay of Plenty region and are expected to be one day hui. All participants will agree to keep information shared within the workshops confidential. The data collected during these workshops will be used to inform following workshops and how we may drive responsiveness to intimate partner violence across other regions.

- (2) *Influencing change*. Participants in this study will be promoted as the leaders of the Bay of Plenty primary care response to intimate partner violence. You will be encouraged to advocate for improved service delivery within and across primary care organisations both regionally and nationally. This will involve time promoting intimate partner violence responsiveness in different ways. For example, discussing in peer support groups or speaking to your clinical board.
- (3) *Pre- and post-workshop online surveys*. All participants will be asked to complete a confidential online survey assessing readiness to identify and respond to persons impacted by intimate partner violence prior to the first workshop and at the final workshop. This will take approximately 15 minutes to complete. The survey will include a standard readiness scale and ask questions about network relationships that affect your ability to be responsive to those impacted by intimate partner violence. A study ID code will be used to match pre and post study data. Pre-workshop survey findings will be used to inform discussion at the initial workshop.
- (4) *Knowledge transfer activities*. All participants will be invited to co-develop resources that support the translation and transfer of knowledge across the primary care sector. This may involve activities such as

managing a network of peers via a website or creating digital stories to improve connection between general practice, community service providers and client needs. There will also be opportunities to influence policy, present to key organisations nationally and internationally and co-author academic publications.

What are the costs?

The time costs of this project will extend over approximately a year and a half (June 2021 – November 2022). We anticipate participants will contribute between 9 to 15 days over the study period. This includes attending deliberative dialogue workshops (7 days), influencing change (4 days) and knowledge transfer activities (up to 4 days).

We value your time in participating in this study and recognise the importance of ensuring costs to ongoing delivery of primary care clinical services are limited. We are able to offset the cost of your participation to your general practice business or organisation. Workshop time and reasonable travel and accommodation expenses of participants associated with study activities will be met following submission of a receipt.

What are the discomforts and risks?

We recognise the challenges in taking part in research that addresses the difficult and sensitive topic of violence within families or whānau. This is a topic that affects us as people, members of our whānau and community, and as health care professionals. We also recognise primary care faces significant challenges in workforce demands and competitive funding, exacerbated by the COVID-19 pandemic. **Your participation in addressing this urgent issue of national significance is highly valued.**

How will these discomforts and risks be alleviated?

Workshop facilitators will review the signs of a stress response and provide supportive actions and referrals at each workshop to promote participant and researcher well-being. We encourage a reflective process of kaimahi ora (well-being of the worker) focusing on organisational and individual supports for well-being, that may include professional supervision. Please be aware that as researchers we have an ethical obligation to support your safety and wellbeing. Should we be concerned we may engage with you and other helping agencies to discuss safety plans and referrals. **This study, research team and participants are supported by iwi leaders MNZM Ngareta Timutimu and Reon Tuanau.**

Resources that may be useful include:

- Need to talk? Free call or text 1737 (or phone 0800 1737 1737) any time to talk with a trained counsellor or peer support worker.
- Puāwaitanga <https://puawaitanga.nz/>
- The five ways to wellbeing, Ētahi ara e rima ki te ngākau ora, help people stay mentally well (2018). Mental Health Foundation of New Zealand. Accessible at: <https://www.mentalhealth.org.nz/home/ways-to-wellbeing/>
- Work-related stress. Worksafe accessible at: <https://worksafe.govt.nz/topic-and-industry/work-related-health/work-related-stress/>

You will likely have access to a confidential Employee Assistance Programme through your employer.

In addition, AUT Health Counselling and Wellbeing offers three free sessions of confidential counselling support for issues that have arisen directly as a result of participation in the research. These may be held in person, via phone or video-conference. To access these services, you will need to phone 921 9292 to make an appointment, let the receptionist know that you are a research participant and provide the title of the research and my name and contact details as given in this Information Sheet. You can find out more information about AUT counsellors and counselling on <http://www.aut.ac.nz/being-a-student/current-postgraduates/your-health-and-wellbeing/counselling>.

What are the benefits?

As a participant, you will be recognised as a leader of change to improve primary care service delivery for families or whānau impacted by violence, a critical health and human rights issue for our communities. You will become highly educated in health system responses to intimate partner violence, learn research methods and connect with others dedicated to addressing intimate partner violence, both regionally and nationally. Supported by our research team, you will be offered opportunities to influence change and promote intimate partner violence as a key determinant of ill-health. You and your organisation will have access to all developed resources and findings.

How will my privacy be protected?

Your confidentiality is important to us. It is important to understand you will be publicly promoted as a leader in this field from the Bay of Plenty. Your name, role and organisation will be published. During deliberative dialogue workshops, it is likely some data will be identifiable to other participants, though protected by our group rules of confidentiality. To support data collection, research team members may audio-record snapshots of workshop discussions. These recordings will inform a workshop report and deleted. Across all accessible study documentation, individual and

organisational participant names will be replaced with ID codes. We will not report or present details that could lead to identification and when feasible, create 'community stories' aggregating narratives to promote confidentiality when reporting. When storing data, we will remove all identifying information from all data, store consent forms separate from the study data and securely destroy all hard copy and digital records six years following publication of study findings.

Will I receive results of this study?

In this study, you are an author of the findings. You will receive a written summaries of each deliberative dialogue workshop and participate in communicating study findings. The findings of this research will be used for academic publications and presentations – these will be available to you either through links to open access publications or hard copy. We will acknowledge you as a participant in all project communication and publications, unless you indicate you do not want to be named on the consent form.

What do I do if I have concerns about this research?

Any concerns regarding the nature of this project should be notified in the first instance to the Project Supervisor, Professor Jane Koziol-McLain, jkoziolm@aut.ac.nz, 0211213474.

Concerns regarding the conduct of the research should be notified to the Executive Secretary of AUTEC, ethics@aut.ac.nz, (09) 921 9999 ext 6038.

Whom do I contact for further information about this research?

For general enquiries:

Dr Claire Gear, Research Fellow
Centre for Interdisciplinary Trauma Research
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For enquiries related to Māori health:

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